



Food & Fitness



Health for a Lifetime

Elementary and Grade School

Monday	Tuesday	Wednesday	Thursday	Friday
<p>5</p> <p>Labor Day Schools Closed</p>	<p>6</p> <p>WELCOME BACK 7</p> <p>Hamburger or CHEESEBURGER ON W/G BUN</p> <p>Green Beans Fresh Apple MILK - Variety 2016</p>	<p>8</p> <p>♥Turkey and Cheese Sandwich Carrot Sticks Watermelon Milk-Variety 2016</p>	<p>9</p> <p>Big Daddy's Pizza</p> <p>♥Romaine Side Salad Mixed Fruit Cup MILK - Variety 2016</p>	
<p>ALT: Chicken</p>	<p>Alt: Panther Yogurt Parfait</p>	<p>alt - Pizza Varieties</p>	<p>Alt: Meat & Cheese Nachos</p>	<p>alt - CHICKEN NUGGETS</p>
<p>12</p> <p>BREADED Mozzarella Sticks with TOMATO Sauce WG FRENCH BREAD CORN SLICED PEACHES, Milk Variety</p>	<p>13</p> <p>Meatball Hero Italian blend vegetables ♥Three bean salad Frozen fruit cup MILK - Variety 2016</p>	<p>14</p> <p>HAM & CHEESE WG BAGEL MELT Celery with Ranch dip Fresh Pear MILK - Variety 2016</p>	<p>15</p> <p>Waffles Chicken Sausage SWEET POTATO FRIES BEETS, Banana BANANA, Milk Variety</p>	<p>16</p> <p>Stuffed Crust Pizza BROCCOLI PINEAPPLE CHUNKS MILK - Variety 2016</p>
<p>ALT: Chicken</p>	<p>Alt: Panther Yogurt Parfait</p>	<p>alt - Pizza Varieties</p>	<p>Alt: Meat Tacos</p>	<p>alt - CHICKEN NUGGETS</p>
<p>19</p> <p>MACARONI & CHEESE STEAMED PEAS Mixed Fruit Cup MILK - Variety 2016</p>	<p>20</p> <p>♥CHICKEN TACO LETTUCE, TOMATO, CHEESE Whole Grain Rice Refried Beans BUNCH OF GRAPES, Milk Variety</p>	<p>21</p> <p>♥Pasta with Meat sauce WG FRENCH BREAD CAULIFLOWER PEACHES MILK - Variety 2016</p>	<p>22</p> <p>HOT DOGS ON WG BUN Sweet Potato Puffs BAKED BEANS, SAUERKRAUT APPLE SLICES MILK - Variety 2016</p>	<p>23</p> <p>Pizza Wedge WG Rolled Edge Spinach TOSSED Salad Pears In a Cup MILK - Variety 2016</p>
<p>ALT: Chicken</p>	<p>Alt: Panther Yogurt Parfait</p>	<p>alt - Pizza Varieties</p>	<p>Alt: Meat & Cheese Nachos</p>	<p>alt - CHICKEN NUGGETS</p>
<p>26</p> <p>HAMBURGER ON WG BUN CHEESEBURGER ON WG BUN OVEN BAKED FRIES Green Bean Salad applesauce cup Milk Variety</p>	<p>27</p> <p>Chicken Patty on a WG Bun Three bean salad SLICED CUCUMBERS ORANGE WEDGES MILK - Variety 2016</p>	<p>28</p> <p>♥pasta parmigiana WG Breadstick ZUCCHINI MIXED FRUIT CUP MILK - Variety 2016</p>	<p>29</p> <p>Mozzarella Sticks wg French BREAD Glazed Carrots GARDEN SALAD FRESH PEAR, Milk Variety</p>	<p>30</p> <p>Stuffed Crust Pizza ROMAINE SIDE SALAD RAISIN BOXED SNACK MILK - Variety 2016</p>
<p>ALT: Chicken</p>	<p>Alt: Panther Yogurt Parfait</p>	<p>alt - Pizza Varieties</p>	<p>Alt: Meat Tacos</p>	<p>alt - CHICKEN NUGGETS</p>
<p>DAILY ALTERNATES:</p> <p>Panther Shaker Salads Ham or Turkey Sandwich Mini Bagel Lunch</p>				<p>Lunch Which Includes Milk, Entrée, Vegetable, Grain, Fruit \$2.75</p>
<p>Panther Pac Fruit & Cheese or Yogurt Lunch</p>				<p>Breakfast: \$1.50</p>